

NEED VOLUNTEER IDEAS?

- ❖ **Volunteer at Sir Wil** – library, work with our custodians, school events, cafeteria (only 20 of the 40 volunteer hours may be completed at Sir Wil)
- ❖ Volunteer in Elementary Schools (library, classroom helper, special events)
- ❖ Ottawa Museums & Art Gallery
- ❖ Participate in organized food drives, support services for community groups (Shepherds of Good Hope, 4H clubs), not-for-profit summer camps and coaching
- ❖ Participate in community clean-up, flower/tree planting, recycling (Clean Up the Capital)
- ❖ City of Ottawa Volunteer Youth Opportunities - Volunteers can take part in: Aquatics, Special Events, Sports and Recreation, before and after School Programs, March Break/Holiday Camp. For more information, contact Volunteer Services at volunteer@ottawa.ca or 613-580-2624.
- ❖ Ottawa Humane Society - <https://ottawahumane.ca/get-involved/volunteering/>
- ❖ Mission Thrift Store - <https://missionthriftstore.com/mission/volunteer>
- ❖ Salvation Army - <https://thriftstore.ca/opportunities/volunteers>
- ❖ Prosperity Project - <https://canadianprosperityproject.ca/> & Charity Village - <https://charityvillage.com/>
- ❖ Volunteer Ottawa - <https://www.volunteerottawa.ca/> & Volunteer Canada - <http://volunteer.ca/>
- ❖ Eastern Ottawa Resource Centre - https://www.eorc-creo.ca/Getting_involved.php
- ❖ Smile for Seniors - smilesforseniorsorg@gmail.com, Retirement Homes
- ❖ Ausome Ottawa - support children with Autism as they participate in sports & activities
<https://volunteerottawa.ca/volunteer-job/ausome-sports-skate-program-volunteer/>
- ❖ Reading Buddies - <https://www.ocdsbvirtualschoolresources.com/post/reading-buddy-program>
- ❖ Online French tutor - <https://volunteerottawa.ca/volunteer-job/online-french-reading-tutor-2/>
- ❖ Canadian Blood Services - <https://volunteerottawa.ca/volunteer-job/awareness-recruitment-volunteers-orleans/>
- ❖ Canada Army Run - September - <https://armyrun.ca/volunteer/>
- ❖ sKreamers (Kiwanis Club) - Fall - skreamersottawa@gmail.com
- ❖ Ottawa Symphony - Fall/Winter - ushers & ticket takers - (Email) info@chamberfest.com
- ❖ Girls on the Run 5K Volunteer - Nov - emily.neuenhagen@girlsontherun.org
- ❖ Girls on the Run - Coaches Needed - April to June - <https://www.girlsontherunottawa.ca/coach>
- ❖ Christmas Kettles – December <https://bellringers.ca/>
- ❖ Winterlude 2024 - Feb -<https://volunteerottawa.ca/volunteer-job/winterlude-2023-volunteer/>
- ❖ Orleans Ribfest - May [volunteer sign up form](#)
- ❖ CN Cycle for CHEO - May <https://www.cncycle.ca/volunteer-2/>
- ❖ Canadian Tulip Festival – May <https://tulipfestival.ca/volunteer/>
- ❖ Ottawa Children's Festival – May <https://ottawachildrensfestival.ca/volunteer/>
- ❖ Tamarack Ottawa Race Weekend - May <https://www.runottawa.ca/torw/volunteers>
- ❖ CHEO Barbeque - June - [volunteer sign up](#)
- ❖ Summerside BBQ & Art Show - June 13 - jenna.aucoin@ocdsb.ca

- ❖ Ottawa Fringe Festival – June <https://ottawafringe.com/volunteer/>
- ❖ Ottawa Dragon Boat Festival – June <https://dragonboat.net/volunteer.aspx>
- ❖ Ottawa Ferrari Festival – June <http://www.fcaottawa.com/>
- ❖ Ottawa Bluesfest – July <https://volunteers.ottawabluesfest.ca/>
- ❖ Canada Day Celebration @ Millennium Park – July <https://www.ocanadaorleans.ca/>
- ❖ Ottawa Chamberfest – July & August <https://www.chamberfest.com/volunteer/>
- ❖ Royal City Soccer Club - July & August - www.royalsoccer.com
- ❖ Legends of Soccer Academy - July & August - janna.golzari@legendsocceracademy.com
- ❖ The Summer Youth Program at Perley Health - support residents of Perley Health during July & August. <https://volunteerottawa.ca/volunteer-job/summer-youth-program/>
- ❖ Masters Indigenous Games - August - <https://mastersindigenousgames.com/volunteers/>
- ❖ Navan Fair - August - <https://www.navanfair.com/get-involved/job-opportunities/volunteer/>

Ineligible Activities

The Ministry of Education has developed a list of activities that may **not** be chosen as community involvement activities. These are referred to as ineligible activities.

An ineligible activity is an activity that:

- takes place during a student’s scheduled class time. However, an activity that takes place during the student's lunch breaks or “spare” periods is permissible
- **consists of duties normally performed in the home (i.e., daily chores) or personal recreational activities; helping immediate or extended family members**
- would pay the students
- involves playing on a school sports team or any other club
- would normally be performed for wages by a person in the workplace
- Involves the student volunteering at a for-profit organization
- is a requirement of a class, course, or program in which the student is enrolled (e.g., cooperative education course, experiential learning activities)
- contravenes the minimum age requirements to work in or visit a workplace

A few examples of activities that are not eligible are: restaurants, garages, helping at home, babysitting, hair salons, construction, dental office, pharmacy, general office help, retail stores, vet office, for-profit or home daycares.