

Sir Wilfrid Laurier Secondary School

Personal Life Management-HIP40 (1.0 Credit)

Course Outline

Course Description

This course focuses on preparing students for living independently and working successfully with others. Students will learn to manage their personal resources to meet their basic needs for food, clothing, and housing. They will also learn about their personal, legal, and financial responsibilities and develop and apply interpersonal skills in order to make wise and responsible personal and occupational choices. Students will apply research and inquiry skills while investigating topics related to personal life management. The course emphasizes the achievement of expectations through practical experiences. Prerequisite: None

Overall Expectations

A: Research and Inquiry Skills

- A1: Explore topics related to families in Canada, and formulate questions to guide their research
- A2: Create research plans, and locate and select information relevant to their chosen topics, using appropriate social science research and inquiry methods
- A3: Assess, record, analyze, and synthesize information gathered through research and inquiry
- A4: Communicate the results of their research and inquiry clearly and effectively, and reflect on and evaluate their research, inquiry and communication skills

B: Self and Others

- B1: Demonstrate an understanding of the personal qualities and skills necessary to make the transition from adolescence to adulthood.
- B2: describe the elements of successful planning for employment
- B3: demonstrate an understanding of effective communication skills, and their role in building the healthy relationships that support independent living.

C: Daily Living Skills

- C1: demonstrate an understanding of effective decision making processes and their role in independent living.
- C2: explain and demonstrate the use of basic money-management skills and techniques needed to manage personal financial resources effectively
- C3: describe and demonstrate the use of basic principles and techniques of effective household management

D: Personal and social responsibilities

- D1: demonstrate an understanding of the role of personal responsibility in independent living, and of strategies that can be used to meet individual needs.
- D2: demonstrate an understanding of the rights and responsibilities of employers and employees, including both personal and legal responsibilities
- D3: demonstrate an understanding of the role that responsible consumerism plays in independent living

E: Economics and personal finances

- E1 demonstrate an understanding of how global, national, and community economic Factors affect the individual's financial circumstances
- E2 describe ways in which financial institutions can assist in the management of Personal finances.
- E3 explain the benefits and costs of working.

EVALUATION

- 70% of the grade will be based on assessment and evaluation conducted throughout the course.
 - 30% of the grade will be based on a summative evaluation administered towards the end of the course.
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