

SIR WILFRID LAURIER LANCERS ATHLETICS



PRIDE HUSTLE DESIRE

OVERVIEW

NCSSAA

LEVELS OF PLAY

SEASONS OF PLAY

COST TO PLAY

BENEFITS OF SCHOOL SPORT

CODE OF CONDUCT

CONCUSSIONS

LANCERS ATHLETICS

THE LANCERS COMPETE IN THE NATIONAL CAPITAL
SECONDARY SCHOOL ATHLETIC ASSOCIATION OR
NCSSAA

THE NCSSAA IS 1 OF 18 MEMBERS OF THE ONTARIO
FEDERATION OF SCHOOL ATHLETIC ASSOCIATIONS OR
OFSAA

THE NCSSAA IS MADE UP OF 61 SECONDARY SCHOOLS

LANCERS ATHLETICS

THE NCSSAA HAS THREE LEVELS OF PLAY

● OFSAA

TIER 1

TIER 2

FURTHER DIVIDED BY 3 AGE CATEGORIES

Midget 9 only

Jr 9-10

Sr 11-12

LANCERS ATHLETICS

THE NCSSAA HAS FOUR SEASONS OF PLAY

- FALL
- WINTER
- MID-WINTER
- SPRING

FALL SPORTS

League Sports

Varsity Boys Football –Mr. Kukkonen, Mr. Varden, Mr. Drummond,
Mr. Simoneau

Junior Boys Soccer – Mr. Blackwell, Mr. Jupp

Senior Boys Soccer-Ms. Schrum

Senior Boys Volleyball – Ms. Prot, Ms. Moore

Junior Girls Basketball – Ms. Nizam, Ms. Holbein

Senior Girls Basketball – Mr. Snow

Tennis –Mr. Simard

Varsity Girls Rugby 7's – Mr. Hatfield, Ms. Cheung

FALL SPORTS continued

Tournament Sports

Cross Country Running – Ms. MacKinnon, Ms. Angel
Golf Mr. Birch and Mr. Jupp

Club Sports

Ultimate Frisbee Club – Mr. Brichta

WINTER SPORTS

League Sports

Junior Boys Basketball –Mr. Hickey

Senior Boys Basketball-Mr. Snow

Varsity Girls Hockey – Mr. Hatfield, Mr. Vezeau

Varsity Boys Contact Hockey-Mr. Drummond, Mr. Birch, Mr.
Jupp,

Mr. MacDonald

Girls Curling – Ms. White

Senior Girls Volleyball – Ms. Prot, Ms. Moore

WINTER SPORTS Continued

Tournament Sports

Wrestling-Mr. Stemp, Mr. Yetman, Mr. Varden

Swimming – Ms. Panneton-Kus, Ms. Permanand

Cross Country Ski –Ms. Rab

M I D - W I N T E R S P O R T S

League Sports

Junior Girls Volleyball – Ms. Prot, Ms. Moore

Junior Boys Volleyball – Mr. Varden

Tournament Sports

Badminton – Ms. Morton

SPRING SPORTS

League Sports

Varsity Girls Rugby – Mr. Hatfield, Ms. Cheung

Senior Girls Soccer – Ms. Schrum

Girls Touch Football – Mr. Drummond

Senior Boys Rugby – Mr. Hatfield, Mr. Varden

Junior Boys Rugby – Mr. Kukkonen, Mr. Hickey

Varsity Boys Baseball– Mr. Budgell, Mr. Brichta, Ms. Morton

SPRING SPORTS continued

Tournament Sports

Track and Field – Ms. MacKinnon, Ms. Moore, Ms. Angel

Club Sports

Girls Softball – Ms. Prot

Ultimate Frisbee Team – Mr. Brichta

COSTS

Athletic Fees

Team sports:\$70.00/person.

Individual sports:\$35.00/person.

Team Fees

Determined by team

BENEFITS OF SCHOOL SPORT

LEADERSHIP

TIME MANAGEMENT

COMMITMENT

RESILIENCE

ACADEMIC PERFORMANCE

CHARACTER

TEAMWORK

FITNESS

BENEFITS OF SCHOOL SPORT CONTINUED

The benefits of sport do not occur by osmosis, or simply showing up.

We have developed the [SIR WILFRID LAURIER SECONDARY SCHOOL ATHLETIC CODE OF CONDUCT](#). To ensure the value of school sport is fostered here at Sir Wil.

[Concussion Protocol](#)

CONCLUSION

THANKS FOR YOUR TIME.

ARE THERE ANY QUESTIONS ABOUT LANCER ATHLETICS?